Duty to Care?
Supporting and involving unpaid carers of people at the end of life

Thursday 10th October 2013
London Marriott Hotel Regents Park, 128 King Henry’s Road, London, NW3 3ST

In partnership with:
Who should attend?

Frontline staff and providers in all services and settings, for example: hospices, GPs, district and community nurses, staff working in care homes, extra care, sheltered and other housing, domiciliary care, acute and community hospitals, specialist palliative care networks and voluntary groups.

Local and national commissioners and decision-makers including members of: Clinical Commissioning Groups, Health & Wellbeing Boards and civil servants.

Academics and researchers from palliative care, medical ethics, law and beyond.

Carers, former carers and people approaching the end of life.

Why is this conference important for you?

- Informal and unpaid carers (“carers”) are a crucial but too often overlooked part of the team that cares for and supports people at the end of life. Considerable burdens and expectations are put on them, frequently without any thought being given to identifying and meeting their own needs or indeed whether they want to be carers at all.
- Carers need to be involved and supported in the care of the person with palliative and end of life care needs, whatever the care setting (hospital, community, care or residential home).
- Key national strategies, for example the End of Life Care Strategy and the Carers’ Strategy, raise the expectations of carers in ways which are not always met.
- The new Care Bill sets out duties on Local Authorities to assess carers’ needs.
- There is a moral obligation to consider what duties of care are owed to carers, especially in the context of the drive towards supporting more people to die in community settings.

What are some of the issues for carers?

Issues include: valuing and listening to carers; acknowledging the expectations which are placed on carers; tensions between the wishes and best interests of carers and those being cared for; patient confidentiality; mental capacity; language and communication; assessing carers’ needs and supporting them to care; reluctant carers.

About this conference:

The conference will use three scenarios in highly interactive plenary style discussions, with an expert panel and chair to facilitate:

- Caring for Carers – culture, context, capability
- Carer vs. Cared for – collusion, capacity, confusion
- Capacity to Care – conflict, confidentiality, crisis

These issues require a delicate mix of careful decision-making, excellent communication skills and an understanding of policy & law. Tackling these issues head on, this conference will equip you with the confidence and skills to deal with similar scenarios in practice going forward.

Learning outcomes - this conference will...

✔️ Help you understand the experience of carers in palliative and end of life care
✔️ Improve your ability to involve carers in the care of someone with palliative and end of life care needs
✔️ Help you reflect on the dilemmas and tensions that carers face, and that staff face in working with them
✔️ Help you develop responses to those dilemmas and tensions
✔️ Provide an opportunity for sharing best practice in this area and for developing your own networks to support your work

Who should attend?

✔️ Frontline staff and providers in all services and settings, for example: hospices, GPs, district and community nurses, staff working in care homes, extra care, sheltered and other housing, domiciliary care, acute and community hospitals, specialist palliative care networks and voluntary groups.
✔️ Local and national commissioners and decision-makers including members of: Clinical Commissioning Groups, Health & Wellbeing Boards and civil servants.
✔️ Academics and researchers from palliative care, medical ethics, law and beyond.
✔️ Carers, former carers and people approaching the end of life.

Are you a carer?

A limited number of bursary places are available to people who have provided unpaid care to someone approaching the end of life. If you are interested in attending and would like to apply for a funded place, please send an email briefly outlining your experience, why you would like to attend and any expenses you might need help with to k.mcnaboe@ncpc.org.uk. We will contact you to let you know if you have been successful.

Organisations wishing to fund places for carers should complete the booking form in the usual way.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>9.00</td>
<td>Registration</td>
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<tr>
<td>9.45</td>
<td>Welcome and outline of the day</td>
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<td><strong>Simon Chapman</strong>, Director of Public &amp; Parliamentary Engagement, The National Council for Palliative Care &amp; The Dying Matters Coalition</td>
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<tr>
<td>9.55</td>
<td>Setting the Scene</td>
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<td><strong>Moira Fraser</strong>, Director of Policy and Research, Carers Trust</td>
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<tr>
<td>10.15</td>
<td>Plenary &amp; Discussion - Caring for Carers – culture, context and capability</td>
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<td>Chair: <strong>Vicky Robinson</strong>, Consultant Nurse, Palliative Care, Guy’s &amp; St Thomas’ Hospitals NHS Foundation Trust</td>
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<td>Panellists:</td>
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<td><strong>Dr Ian Gittens</strong>, Senior Project Manager (Diversity), Marie Curie Cancer Care</td>
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<td><strong>Dr Elaine McWilliams</strong>, Consultant Clinical Psychologist, Head of Clinical / Health Psychology, North Tees &amp; Hartlepool NHS Foundation Trust</td>
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<td><strong>Person with personal experience</strong> (TBC)</td>
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<td>11.45</td>
<td>Refreshments &amp; Exhibition</td>
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<td>12.15</td>
<td>Plenary &amp; Discussion – Carer vs. Cared for – collusion, capacity, confusion</td>
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<td>Chair: <strong>Cynthia Benz PhD</strong>, Person with MS, former carer, author and member of NCPC’s Ethics Forum</td>
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<td><strong>Dr Sam Guglani</strong>, Consultant Clinical Oncologist, Cheltenham General Hospital</td>
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<td><strong>Jonathan Herring</strong>, Professor of Law, Oxford Law</td>
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<td><strong>Peter Watson</strong>, Carer</td>
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<td>13.45</td>
<td>Lunch &amp; Exhibition</td>
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<td>14.30</td>
<td>Plenary &amp; Discussion – Capacity to Care – conflict, confidentiality, crisis</td>
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<td>Chair: <strong>Lynn Cawley</strong>, Carer</td>
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<td><strong>Roberta Lovick</strong>, carer</td>
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<td><strong>Kath Melia</strong>, Professor of Nursing Studies, School of Health in Social Science, The University of Edinburgh</td>
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<td><strong>Dr Rob George</strong>, Professor of Palliative Care, Cicely Saunders Institute, KCL; Clinical Lead Palliative &amp; End of Life Care, NHS London; Consultant Palliative Care Guy’s &amp; St Thomas’ Hospitals NHS Foundation Trust</td>
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<td>16.00</td>
<td>Summing Up - Key learning points from the sessions</td>
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<td><strong>Richard Huxtable</strong>, Chair of NCPC’s Ethics Forum and Reader in Medical Ethics and Law &amp; Deputy Director of the Centre for Ethics in Medicine, University of Bristol</td>
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<td>16.15</td>
<td>Refreshments &amp; Exhibition</td>
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<td>16.30</td>
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Duty to Care?
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Delegate rates
£150 - NCPC Subscribers / £300 - Non-subscribers
CPD Accreditation pending

NCPC subscriber number

Name

Position

Organisation

Address

Postcode

Telephone

Email

Special Requirements

☐ I enclose a cheque for £_____________ (payable to NCPC)

☐ Please invoice me for £_____________

☐ Please charge £_____________ to my credit/debit card


Maestro
Visa
Mastercard

Card number

Start date __/___
Expiry date __/___
Issue # __/___

Card security code

Signature

Please return your completed booking form to:

Kate McNaboe
Events Coordinator
NCPC
The Fitzpatrick Building
188 - 194 York Way
London N7 9AS
Tel: 020 7697 1520
Fax: 020 7697 1530
Email: k.mcnaboe@ncpc.org.uk
Web: www.ncpc.org.uk/events

Please photocopy this form for additional delegates

Confirming your place

Completion of this registration form constitutes a legally binding agreement. On receipt of your booking form confirmation will be sent via email. NCPC cannot be held responsible for the non-arrival of registration information, so if you have not received confirmation and/or registration information one week prior to the event, it is your responsibility to call us on 020 7697 1520.

Cancellations and changes to bookings

Cancellations confirmed in writing 14 days before the conference will be refunded in full. We regret that no refund can be made after that date, for whatever reason, although substitutions will be accepted if notified at least 24 hours before the conference. NCPC reserves the right to alter the programme without notice.

Payment

All payment must be received by the date of the conference. Cheques should be made payable to NCPC. Please ensure that delegate name(s) and organisation are written on the back. Please note that once this application is accepted your organisation will become liable for the charges, including any cancellation fees.

Privacy

NCPC may contact you with information on future events and publications which maybe of interest to you. Please tick here ☐ if you do not wish to be contacted. NCPC will never share your details with a third party.

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