

# Action Sheet 4

## Health & Wellbeing Boards

### You are:

A member of a local Health & Wellbeing Board (HWB) (e.g. directors of public health, adult social services or children's services, Clinical Commissioning Group members, elected representatives, HealthWatch representatives).

### You want:

To advance the health and wellbeing of the people in your area, including those approaching the end of life, by facilitating integration and using resources efficiently to deliver shared outcomes.

### You can start by:

#### 1. Understanding the case for change - End of life care should be prioritised by HWBs because:

- a. It affects large numbers in any population and these numbers are increasing (consider current and bereaved carers too)
- b. It is often inadequately provided for - over 90,000 people a year do not receive the palliative care they need
- c. It often lacks proper oversight (various services might be commissioned, but no one person looks at coordination, integration and outcomes)
- d. There are solutions, and getting it right can save money

**i** TIP: Learn more about the case for change at [www.nice.org.uk/usingguidance/commissioningguides/endoflifecare](http://www.nice.org.uk/usingguidance/commissioningguides/endoflifecare)

#### 2. Assessing

- a. **Need:** For every 100,000 adults in your population, 830 (0.83%) will need end of life care each year. For each person approaching the end of life assume that at least one more person is caring. It is essential that the Joint Strategic Needs Assessment (JSNA) includes people approaching the end of life and their carers.

**i** TIP: Use NICE's modelling tool to identify: numbers of people dying each year, of what and where; additional factors incl. age, deprivation, inequalities; existing services. [www.endoflifecare-intelligence.org.uk/end\\_of\\_life\\_care\\_models/default.aspx](http://www.endoflifecare-intelligence.org.uk/end_of_life_care_models/default.aspx)



## b. Commissioning decisions:

- ➔ Has the local Clinical Commissioning Group(s) strategy assessed local end of life care need? Are the right services being commissioned to meet that need?
  - 📌 **TIP:** Use Action Sheet 3 to support your discussions with local CCGs about end of life care.
- ➔ What is the Local Authority commissioning?
  - 📌 **TIP:** Review the Local Authority's performance against 16 indicators at [www.endoflifecare-intelligence.org.uk/profiles/la\\_2012/atlas.html](http://www.endoflifecare-intelligence.org.uk/profiles/la_2012/atlas.html)

## 3. Innovating & integrating:

- ➔ Think broadly: End of life care is bigger than health. People approaching the end of life spend the majority of their time in the community, and many have social care needs. Ensure your Joint Health and Wellbeing Strategy (JHWS) includes a vision and outcomes for people approaching the end of life.
  - 📌 **TIP:** Find out if an end of life care network already exists and ask what they can offer. This is not just services, it might be data, an understanding of the population's needs, where the gaps are, and a local memory of what has worked well or badly in the past.
  - 📌 **TIP:** Designate a member of the HWB 'End of life care champion' to lead on this area.
  - 📌 **TIP:** Check the CCG's strategy for end of life care aligns with your strategy.
- ➔ Are health, social care and housing services integrated?
  - 📌 **TIP:** Review what local people saying about integration and coordination of care at the end of life: [www.dh.gov.uk/health/2012/07/voices](http://www.dh.gov.uk/health/2012/07/voices)
  - 📌 **TIP:** Consider inviting non-mandated individuals to become members of the HWB, or form a reference group. Ask statutory, voluntary and independent end of life care service providers to join, and meaningfully involve people approaching the end of life and their carers (see Useful resources).
  - 📌 **TIP:** Consider long-term development of suitable environments for an ageing population to live and die in (see Useful resources).

*The Health & Social Care Act places a statutory duty on Health and Wellbeing Boards to involve local people in the preparation of its health and wellbeing strategy.*

## Useful resources:

- ➔ An *Introduction booklet* and the other *Action Sheets* mentioned here are available at [www.ncpc.org.uk/influencing-toolkit](http://www.ncpc.org.uk/influencing-toolkit)
- ➔ The National Council for Palliative Care (NCPC) can help HWBs meaningfully involve people approaching the end of life and their carers. See for example *Getting Started, Small is Beautiful* and *A Guide to Involving patients, carers and the public in palliative care and end of life care services* available at [www.ncpc.org.uk/library](http://www.ncpc.org.uk/library)
- ➔ *A 2030 Vision: Building communities and environments to support people to live and die well*, NCPC and National Care Forum [www.ncpc.org.uk](http://www.ncpc.org.uk)

