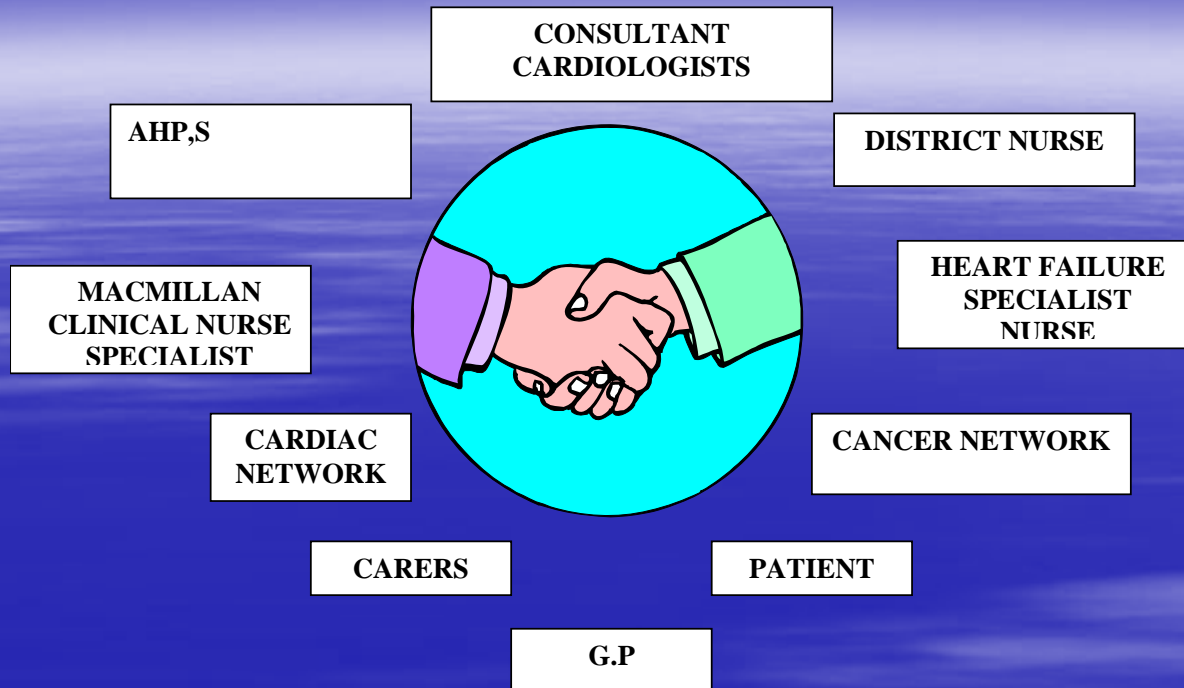


Northern Network of Cardiac
Care – education – sharing the
delivery

Jane Mulholland



PARTNERSHIP

Background

- National agenda
- Cancer Network
- Heart Failure agenda
- Unmet educational needs
- Pulling it all together

Developing a joint approach

- Cancer network - Sharing initiatives
- Pooled resources and ideas
- Working party of enthusiasts

Joint approach continued

- Developed a train the trainers programme
- Ran the programme
- Evaluated

What did we learn?

- Innovative
- Its good to talk!!!!!!!!!!!!!!!
- Needed further refinement
- Produced a Resource pack
- Monitoring
- Unexpected benefits!

ASSUMPTIONS

EVERY ONE THINKS THEY
KNOW WHAT EVERYONE ELSE
WANTS

WHAT DO DISTRICT NURSES WANT TO KNOW?

- Symptom management
- Their role as perceived by heart failure team
- Palliative care contact / heart failure contact
- End stage treatment
- When to involve specialist palliative care
- Side effects of medication
- Pain control
- Understanding of the pathway
- Need regular updates, don't see many patients

What do heart failure nurses think DN's need to know?

- Managing breathlessness
- Managing oedema
- Dnr status
- When to stop medication

What do McMillan nurses think DN's need to know?

- Basic pharmacology
- Managing incontinence
- Managing cardiac cachexia
- Managing wet legs
- Managing breathlessness
- Managing fatigue
- Finance and benefit advice
- End of life guidelines

Unexpected benefits

- Networking between disciplines
- Buddying
- Discovering opportunities for working together and sharing good practice

Benefits continued

- Generated enthusiasm
- Generated local work and national interest
- Spring board – for further joint working
- Replicable model

Patients

- Streamlined the patient pathway
- Holistic Care
- Access to appropriate help improved
- Access to 24 hour support
- Empowerment through knowledge
- Carer support
- ? Reduced unnecessary hospital admissions

Next steps

- Localise the resource pack
- Evolution not revolution
- Build on end of life initiative

Be determined in achieving your goals...



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